

# Free Therapy Available for Black/African-American communities

**Alternate Name:**

**Category:** [Mental & Behavioral Health](#)

**Organization:**

**Description:** The Boris Lawrence Henson Foundation is offering free telehealth for Black and African-American communities. The website contains a directory of Black and African-American therapists available as well as other resources.

**Phone:**

**Extension:**

**Url:** <https://borislhensonfoundation.org/>

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## Additional Info

**Application Process:**

**Wait Time:**

**Fees:**

**Accreditations:**

**Licenses:**

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**Address:**

**Details**

**Mutual Aid NYC**