

# Wellness Gatherings for Undocumented Young People

**Alternate Name:**

**Category:** [Mental & Behavioral Health](#), [Socializing \(e.g. video calls\)](#)

**Organization:**

**Description:** Register for 6-week Wellness Support Groups led by trained mental health providers or registered clinicians, designed to help undocumented people feel less alone and more understood.

**Phone:**

**Extension:**

**Url:** <https://immigrantsrising.org/supportgroups/>

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## Additional Info

**Application Process:**

**Wait Time:**

**Fees:**

**Accreditations:**

**Licenses:**

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**Address:**

**Details**

**Mutual Aid NYC**