

# National Eating Disorder Association Hotline

**Alternate Name:**

**Category:** [Mental & Behavioral Health](#)

**Organization:**

**Description:** Contact the NEDA Helpline for support, resources, and treatment options for yourself or a loved one who is struggling with an eating disorder. This service can be accessed by phone call (800-931-2237, Monday—Thursday 11am—9pm ET, Friday 11am—5pm ET) text (800-931-2237, Monday—Thursday 3pm—6pm ET, Friday 1pm—5pm ET), and online chat. Translation services are available for phone calls.

**Phone:** (800) 931-2237

**Extension:**

**Url:** <https://www.nationaleatingdisorders.org/help-support/contact-helpline>

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## Additional Info

**Application Process:**

**Wait Time:**

**Fees:**

**Accreditations:**

**Licenses:**

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**Address:**

**Details**

**Mutual Aid NYC**