

Free Digital Mental Health Resources

Alternate Name:

Category: [Mental & Behavioral Health](#), [Additional Resource Libraries](#)

Organization:

Description: Library of apps and online services offering mental health support, including for depression, anxiety, and addiction.

Phone:

Extension:

Url: <https://nycwell.cityofnewyork.us/en/app-library/>

Additional Info

Application Process:

Wait Time:

Fees:

Accreditations:

Licenses:

Address:

Details

Mutual Aid NYC