

# Free meal delivery for people who are unable to shop or cook

**Alternate Name:**

**Category:** [Food](#)

**Organization:**

**Description:** If you or someone you know is living with or recovering from an illness and having trouble shopping or cooking, visit our website to confirm eligibility and apply for free, medically-tailored meals delivered to your door.

**Phone:** (212) 294-8100

**Extension:**

**Url:** <https://www.glwd.org/get-meals/for-you-or-your-loved-ones/>

**Email:** [info@glwd.org](mailto:info@glwd.org)

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## Additional Info

**Application Process:** To be eligible, you must be living with a serious illness and have an ADL (Activities of Daily Living) limitation that prevents you from shopping or cooking for yourself which must be verified by a healthcare provider. Application forms and supporting documentation are available on the website and can be submitted electronically or mailed.

**Wait Time:**

**Fees:**

**Accreditations:**

**Licenses:**

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**Address:**

166 Avenue of the Americas New York NY 10013

## Details

**Mutual Aid NYC**