

Free Mental Health Support for Parents

Alternate Name:

Category: [Mental & Behavioral Health](#), [Childcare and Pregnancy](#)

Organization:

Description: State-wide help line to support parents before and after having a baby. Call 7 days a week, 9am-5pm to access non-judgmental and confidential emotional support, educational information, healthcare and support group resources, and to connect to parental mental health peer support groups.

Phone: (855) 631-0001

Extension:

Url: <https://postpartumny.org/>

Email: info@postpartumny.org

Additional Info

Application Process:

Wait Time:

Fees:

Accreditations:

Licenses:

Address:

Details

Mutual Aid NYC