

Substance Use and Mental Health 24-Hour Helpline

Alternate Name:

Category: [Mental & Behavioral Health](#), [Medical](#)

Organization:

Description: Call (800) 662-4357 (HELP) for individuals and families facing mental and/or substance use disorders. Substance Abuse and Mental Health Services Administration (SAMHSA) runs a 24-hour mental health hotline that provides education, support, and connections to treatment. The helpline is confidential; they collect no information. In English and Spanish. Can also text your zip code to 435748 (HELP4U) to find treatment centers in your area.

Phone: (800) 662-4357

Extension:

Url: <https://www.samhsa.gov/find-help/national-helpline>

Additional Info

Application Process:

Wait Time:

Fees:

Accreditations:

Licenses:

Address:

Details

Mutual Aid NYC