

Free dancing lessons, group exercise, and interactive activities

Alternate Name:

Category: [Fun and Leisure](#), [Education](#), [Exercise and Wellness](#)

Organization:

Description: The Y @ Home includes free programs for all ages and populations open to the wider community, including exercise activities, congregate lunches, dance classes, and more.

Phone:

Extension:

Url: <https://ywhi.org/classes-and-events/>

Additional Info

Application Process:

Wait Time:

Fees:

Accreditations:

Licenses:

Address:

54 Nagle Avenue New York NY 10040

Details

Mutual Aid NYC