

Emotional support line and resources for support during COVID-19 crisis

Alternate Name:

Category: [Mental & Behavioral Health](#)

Organization:

Description: Confidential, anonymous, and free emotional support line to speak with a crisis counselor 8am-10pm / 7 days : 1-844-863-9314. NY Project Hope seeks to promote wellness to those in NYC who are suffering from the pressures and stress related to the COVID-19 crisis. Includes links to tips on how to manage and reduce stress and activities to help keep New Yorkers grounded and prevent burnout.

Phone: 1-844-863-9314

Extension:

Url: <https://nyprojecthope.org>

Additional Info

Application Process:

Wait Time:

Fees:

Accreditations:

Licenses:

Address:

Details

Mutual Aid NYC