

# Free at home activities for people with Parkinson's Disease

**Alternate Name:**

**Category:** [Exercise and Wellness](#), [Socializing \(e.g. video calls\)](#)

**Organization:**

**Description:** Stay in motion despite quarantine. Connect to free live zoom classes, review Dance for Parkinson's movement archives for free, purchase at home DVD's. Sign up for classes offered weekly through the dance for Parkinson's website. CONTACT (800) 957-1046

**Phone:** (800) 957-1046

**Extension:**

**Url:** <https://danceforparkinsons.org/resources/dance-at-home>

**Email:** support@danceforpd.org

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## Additional Info

**Application Process:**

**Wait Time:**

**Fees:**

**Accreditations:**

**Licenses:**

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**Address:**

**Details**

**Mutual Aid NYC**