

Free at home activities for people with Parkinson's Disease

Alternate Name:

Category: [Exercise and Wellness](#), [Socializing \(e.g. video calls\)](#)

Organization:

Description: Stay in motion despite quarantine. Connect to free live zoom classes, review Dance for Parkinson's movement archives for free, purchase at home DVD's. Sign up for classes offered weekly through the dance for Parkinson's website. CONTACT (800) 957-1046

Phone: (800) 957-1046

Extension:

Url: <https://danceforparkinsons.org/resources/dance-at-home>

Email: support@danceforpd.org

Additional Info

Application Process:

Wait Time:

Fees:

Accreditations:

Licenses:

Address:

Details

Mutual Aid NYC